

DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM & MARKING SCHEME

B.A. I, II, III, IV Semester
PSYCHOLOGY

(Based on Choice Based Credit System)

SESSION : 2023-24



ESTD : 1958

GOVT. V.Y.T. PG AUTONOMOUS COLLEGE,
DURG, 491001 (C.G.)

(Former Name – Govt. Arts & Science College, Durg)

NAAC Accredited Grade A⁺, College with CPE - Phase III (UGC), STAR COLLEGE (DBT)

Phone : 0788-2212030

Website - www.govtsciencecollegedurg.ac.in, Email – autonomousdurg2013@gmail.com

DEPARTMENT OF PSYCHOLOGY

GOVT. V.Y.T. PG. AUTONOMOUS COLLEGE, DURG

Approved syllabus for B.A-I/II/III Psychology by the members of Board of Studies for the Session 2023-24

Program Specific Outcomes (PSOs): BA- Psychology

- Understanding of basic psychological process.
 - Define the mental health disorder and Psychopathology.
 - Observing human behaviors under social setting and applying Psychological Assessment and test.
 - Analyze and practices of psychological research and statistics.
 - Explain Human Development and environmental ethics and Human Nature.
- The syllabus with the paper combinations is as under

B.A.-I:

SEMESTER -I CC: Theory (4) Title of the paper- BASIC PSYCHOLOGICAL PROCESSES VAS- Personality Development -2 (T-1+ P-1)	SEMESTER -I Lab-1- Practical (2) Title- PRACTICUM
SEMESTER -II CC - Theory (4): Title of the paper PSYCHOPATHOLOGY	SEMESTER -II Lab-2- Practical (2) Title- PRACTICUM

B.A. -II:

SEMESTER -III CC: Theory (4) Title of the paper- SOCIAL PSYCHOLOGY SEC- EMOTIONAL INTELLIGENCE – 2 (T-1+ P-1))	SEMESTER -III Lab-1- Practical (2) Title- PRACTICUM
SEMESTER -IV CC - Theory (4): Title of the paper PSYCHOLOGICAL ASSESSMENT	SEMESTER -IV Lab-2- Practical (2) Title- PRACTICUM

B.A. - III:

Paper I: Title of the paper PSYCHOLOGICAL STATISTICS	Paper II: Title of the paper Optional A: HUMAN DEVELOPMENT OR B: ENVIRNMENTAL PSYCHOLOGY
Paper III -Practical: Title – PRACTICUM	



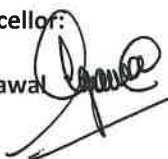




Only PG in Psychology
can apply.
28/2/2023

U. Moha. by
28-02-23

Sharma
Rohit
Vandana

The syllabus for B.A., Psychology is hereby approved for the session **2023-24**.

Name and Signatures of the Members : Name and Signatures of the Members :

<p>HOD (Chairperson): Dr.Rachita Shrivastava </p>	<p> Members of the Department: Dr. Pratibha Sharma</p>
<p>Member, nominated by the Vice Chancellor: Dr. Ushakiran Agrawal </p>	<p>Member of the other department :  Dr. Suchitra Sharma</p>
<p>Subject Expert : Dr. Basant Soneber </p>	
<p>Subject Expert: Dr. Usha Mahobey </p>	<p>Ex Student : </p>

Syllabus and Marking Scheme for B.A. First and Second Semester

Session 2023-24

B.A.-I:

SEMESTER -I CC: Theory (4) Title of the paper- BASIC PSYCHOLOGICAL PROCESSES SEC- STRESS MANAGEMENT(2)	SEMESTER -I Lab-1- Practical (2) Title- PRACTICUM
SEMESTER -II CC - Theory (4): Title of the paper PSYCHOPATHOLOGY	SEMESTER -II Lab-2- Practical (2) Title- PRACTICUM

Marking Scheme

The syllabus for B.A. Psychology, First Year, Semester-I & II is hereby approved for the session

Semester	Title of the Paper	Marks Allotted in Theory			
		Max	External	Internal	Min
I	BASIC PSYCHOLOGICAL PROCESSES	75	60	15	40%
I	Practicum (Practical)	25			40%
II	PSYCHOPATHOLOGY	75	60	15	40%
II	Practicum (Practical)	25			40%
Total		200			

2022-23.

Name and Signatures of the Members :

HOD (Chairperson): Dr.Rachita Shrivastava <i>Rachita</i> Member, nominated by the Vice Chancellor: Dr. Ushakiran Agrawal <i>Ushakiran</i> Subject Expert : Dr. Basant Soneber <i>Basant</i> Subject Expert: Dr. Usha Mahobey <i>Usha Mahobey</i>	Members of the Department: Dr. Pratibha Sharma <i>Pratibha</i> Member of the other department : Dr. Suchitra Sharma <i>Suchitra</i> Ex Student : <i>Vandana</i>
--	---

Only PG in Psychology
can apply.

Sharma

B.A., PSYCHOLOGY-
Semester-I
Session 2023-24.
BASIC PSYCHOLOGICAL PROCESSES

M.M. 75

Credits: 4

Course Outcomes: After completing this course, student will be able to:

CO: 1. Get acquainted with the concept and definition of Psychology along with the different approaches and methods.

CO: 2. Gain the knowledge about Biological Basis of Behaviour, Nervous System, Glands, Hormones and Emotions.

CO: 3. Understand the concepts of Sensory and Perceptual Processes like Sensation, Perception and Attention.

CO: 4. Develop the insight about Learning and Memory including basic ideas of conditioning and forgetting.

CO: 5. Explain essential theoretical background of Cognitive and Non-Cognitive Processes, Intelligence, Motivation, Thinking Process and Personality.

UNIT – I

Introduction - Definition and Goals of Psychology; Behaviorist, Cognitive and Humanistic; Cross-Cultural Perspective; Methods: Experimental, Observation, Interview, Questionnaire and Case Study.

UNIT –II

Biological Bases of Behaviors: The Nervous System: C.N.S., and Peripheral Nervous System; Glands and Hormones.

UNIT –III

Sensory Perceptual Processes - Nature and Types of Sensation and Perception; Attention Process: Definition, Types and Determinants; Principles of Perceptual Organization.

UNIT –IV

Learning and Memory: Classical and Operant Conditioning - Basic Processes; Verbal and Observational Learning. Memory: Sensory, S.T.M., L.T.M., Forgetting: Nature and Process.

UNIT –V


Cognitive and Non-Cognitive Processes: Intelligence: Nature and Types; Motivation: Biogenic and Sociogenic Motives; Thinking Process: Nature and Type, Personality: Nature and Determinants, Approaches to Study Personality: Trait and Types.

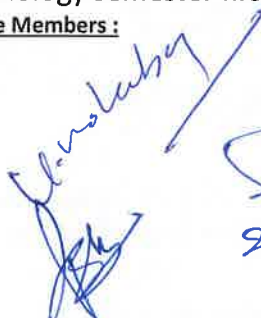
BOOKS :

- Adhunik Samanya Manovigyan By R.N. Singh, Vinod Pustak Mandir Agra
- Adhunik Samanya Manovigyan by Preeti Varma
- Adhunik Manovigyan by S.S. Mathur
- Balon R.A., Barne D.A. - Understanding behavior, Tokyo Halt Sounders
- Uchcharat Samanya Manovigyan-A.K. Singh

The syllabus for B.A., Psychology semester first is hereby approved for the session **2023-24.**

Name and Signatures of the Members :


28/2/2023
(Manoj Kumar nominee)




28.02.2023





B.A., PSYCHOLOGY

Semester-I

Session 2022-23

PRACTICUM

M.M. 25

Credits: 2

Course Outcomes:

After completing this course, student will be able to:

Co: 1. perform different experiments in lab setting.

Co: 2. observed the behavior of people.

Note: This paper consists of two parts: (a) Comprises of Laboratory Experiments. (b) Understanding of self and others.

Experiments - (any three of the following) :- (I) Effect of Set on Perception, (II) Effect of Frustration on Performance, (III) Division of Attention, (IV) Learning Curve/Serial Position Curve. (V) Retroactive Inhibition. (Vi) S.T.M. (Vii) Concept Formation (viii) Judgment of Emotions through Facial Expressions.

Anecdotal Record: any one

Each student will be required to observed the behavior of people indifferent setting and select an anecdotel to understand, judge and narrate it as objectively as possible, so as to reveal his/her psychological insight existigin that anecdotal behavior. This record constitutes a part of psychological assessment of the students.

DISTRIBUTION OF MARKS:

A. Conduction of psychological experiment and reporting - 10 marks.

B. Evaluation of Practical Notebook and Anecdotal Record - 05 marks.

C. Viva - Voce - 05 marks.

D. Internal Assesments-05marks

Note: No candidate will be allowed to appear in the practical examination unless his/her day to day practical work and the report are found satisfactory.

REFERENCES:

Choubey,A.(2015). Psycho-Lab- Experiment and Test, Vaibhav Prakashan, Raipur.

The syllabus for B.A., Psychology is hereby approved for the session **2023-24**

Name and Signatures of the Members :

U. Mohanby

[Signature]
28/02/2023
(Hon Vc's nominee)

[Signature]

[Signature]
28.02.2023

Raela

Vandana Sah

[Signature]

DEPARTMENT OF PSYCHOLOGY

GOVT. V. Y. T. P.G. AUTONOMOUS COLLEGE, DURG

VALUE ADDED COURSE

ON

PERSONALITY DEVELOPMENT

SESSION 2023-24

Theory (1)

1. **Personality: Nature and meaning. Traits- big -five, types - introverts and extroverts.**
2. **Personality: strength and weakness, mature personality-meaning and characteristics.**
3. **Motivation: nature and meaning, types- biological, ecological and psychological.**
4. **Time management: meaning and impotence, principal of time m management**
5. **Self confidence: meaning and importance, techniques for improving**

Practical (1)

1. **Introspection report**

Or

Swoc Analysis

Books Recommended:

1. **R.N.Singh And Shubhra Bharaddwaj, Basic Psychological Process, Agrawal Publication, Agra.**
2. **Rajendra Singh, Vikasatmak Manovigyan, Motilal Banarasidas Publication, Varanasi.**

U. K. Leby

Shaw

Rashmi
Vandana

[Signature]

[Signature]

B.A., PSYCHOLOGY

Semester-II

Session 2023-24

PSYCHOPATHOLOGY

M.M. 75

Credits: 4

Course Outcomes: After completing this course, student will be able to:

- CO: 1. Establish the criteria of Normality and Abnormality and Models of Psychopathology.
- CO: 2. Get equipped with Assessment of Psychopathology.
- CO: 3. Acquire the general idea of Anxiety Disorders and its various types.
- CO: 4. Know the facts about Mood Disorders, Personality Disorders and Obesity.
- CO: 5. Explore the Management of Psychopathology with special emphasis on psychotherapies.

UNIT – I

Introduction: The Concept of Normality and Abnormality; Models of Psychopathology: Psychodynamic, Behavioral and Cognitive.

UNIT –II

Assessment of Psychopathology: - Diagnostic Tests, Rating Scales, Clinical Interview, Projective Tests.

UNIT –III

Anxiety Disorders: Panic Disorder, Phobias, Obsessive - Compulsive Disorder (OCD), Generalized anxiety Disorder(GAD).

UNIT –IV

Mood Disorder: Depression, Manic - Depressive Episode and Dysthemia. Personality Disorders: Paranoia, Schizophrenia and Dependent Personality Disorder, Dissociative Disorder.

UNIT –V


Management of Psychopathology: Medico Therapy, Psychoanalysis, Psychosocial Therapy, Group Therapy, Behavior Therapy and Psychological Counselling.

LIST OF REFERENCE BOOKS:

1. Lamm, A. (1997) -Introduction to Psychopathology, Sage, N.Y.
2. Buss, A. H. (1999) - Psychopathology N. Y. John Wilcy
3. Labha Singh Tatha Tiwari- Asamanya Manovigyan, Agara Vi nod Pustak, Bhandar.
4. Kapil, H.K. - Asamanya Manovigyan , Harprasad Bhargava, Agara.
5. A.K. Singh – Aadhunik Asamanya Manovigyan

The syllabus for B.A., Psychology, semester second is hereby approved for the session 2022-23

Name and Signatures of the Members :

Unshubh
Hon'ble's nominee

28/2/2023



28.02.2023






B.A., PSYCHOLOGY

Semester-II

Session 2023-24

PRACTICUM

M.M. 25

Credits: 2

Course Outcomes:

After completing this course, student will be able to:

Co: 1. Administered Psychological Test.

Co: 2. Understand the Psychological Case study.

Note: This paper consists of two parts: (a) comprises of psychological testing. (b) Understanding the psychological case.

(A) **Psychological Testing** (any three of the following tests :- (I) Verbal/ Non-Verbal Intelligence Test/Performance Tests, (ii) E.P.I. (iii) Anxiety Test, (IV) Depression Scale, (V) Adjustment Inventory, (VI) Achievement Motivation, (VII) Stress Tolerance Test, (viii) Judgment of Emotions through Facial Expressions.

(B) Case Study: any one

Each student will be required to done Case study.

This record constitutes a part of psychological assessment of the students.

DISTRIBUTION OF MARKS:

A. Conduction of psychological Testing and reporting - 10 marks.

B. Evaluation of Practical Notebook and case study - 05 marks.

C. Viva - Voce - 05 marks.

D. Internal Assesments-05 marks

Note: No candidate will be allowed to appear in the practical examination unless his/her day to day practical work and the report are found satisfactory.

REFERENCES:

Choubey,A.(2015). Psycho-Lab- Experiment and Test, Vaibhav Prakashan, Raipur.

The syllabus for B.A., Psychology is hereby approved for the session 2022-23

Name and Signatures of the Members :

U. Mohanbey
Hon'ble nominee
28/2/2023

Shaw

Rao

Vandana Shah

28.02.2023

ASH

DIRECTIVES FOR STUDENTS, FACULTY AND EXAMINERS

1. There shall be three sections (Section A, B, and C) in each theory paper.
2. Section A shall contain very short answer type questions (One or two line answer) or objective type questions (fill in the blank). **(not multiple choice questions)**
3. Section B shall contain short answer type questions with the limit of 150 words.
4. Section C shall contain long answer/ descriptive type questions. The students are required to answer precisely and the answer should not exceed the limit of 350 words.
5. The students are required to study the content mentioned in the curriculum exhaustively.

EVALUATION PATTERN

➤ Theory 60 marks

Question Type	MM 60 (Marks X No.of Q.)
A (Very short Ans.)	1X10 = 10
B (Short Ans.)	3X5 = 15
C (Long Ans.)	7X5 = 35

The syllabus for B.A., Psychology is hereby approved for the session **2023-24**

Name and Signatures of the Members :

U. Mohan Bay
Han Vels nominee
[Signature]
28/2/2023

[Signature]
28.02.2023

[Signature]

Rachy

Vandana Laksh

Shaw

Syllabus and Marking Scheme for B.A. III & IV Semester


Session Session : 2023-24

Marking Scheme

Semester	Title of the Paper	Marks Allotted in Theory			
		Max	External	Internal	Min
III	SOCIAL PSYCHOLOGY	75	60	15	40%
III	Practicum (Practical)	25			40%
IV	PSYCHOLOGICAL ASSESSMENT	75	60	15	40%
IV	Practicum (Practical)	25			40%
	Total		200		

The syllabus for B.A., Psychology is hereby approved for the session 2022-23

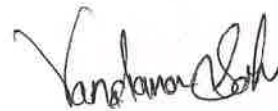
Name and Signatures of the Members :



(Member nominee)










28.02.2023



DEPARTMENT OF PSYCHOLOGY

GOVT. V. Y. T. P.G. AUTONOMOUS COLLEGE, DURG

SEC-PSY-01

STRESS MANAGEMENT

SESSION 20203-24

THEORY (1)

1. **Stress: Meaning of Stress, Symptoms, Causes**
2. **Types: Types and Determinants of stress**
3. **Stress management-1: Social Responsibility**
4. **Stress management-2: Direct Therapeutic Exposure, Some Important Tips (Physical Exercise, Mindfulness)**
5. **Stress management-3: Mindfulness, Creative Hobby, Problem Solving**

PRACTICAL (1)

1. **Listing of stress causes and Intervention**

Books Recommended:

1. **R.N.Singh And Shubhra Bharaddwaj, Basic Psychological Process, Agrawal Publication, Agra.**

Shaw

ASH

Radi
22/12/23

Vandana Ash

B.A., PSYCHOLOGY- B.A. III Semester

Session Session 2023-24

PAPER – I

SOCIAL PSYCHOLOGY

M.M. 75

UNIT-I

Nature, Goal and Scope of Social Psychology, Methods of Social Psychology: Survey, Interview, Observation, Sociometry. Approaches to Study of Social Behavior: Cognitive, and Behavioral.

UNIT-II

Social Perception: Perception of Self and Others, Impression Formation and Its Determinant, Pro- social Behavior: Co-Operation and Helping, Personal, Situational and Socio-Cultural Determinants.

UNIT-III

Stereotypes: Nature, Determinants, Prejudice: Nature and Determinants, Attitudes: Nature and Measurements, Interpersonal Attraction and its Determinants.

UNIT-IV

Group: Structure and Function, Social Facilitation, Conformity, Cohesiveness, Group Norms. Leadership: Nature, Types, Characteristics and Functions.

UNIT-V

Social Issues: Aggression, Determinants, Prevention and Control. Population Explosion: Nature and Consequences, Socio-cultural Pollution: Corruption, Gender Discrimination and Child Labour.

LIST OF REFERENCE BOOKS:

1. Adhunik Samaj Manovigyan By R.N. Singh, Vinod Pustak Mandir Agra
2. Boron R.A. & Byrne - Social psychology New Delhi : Prentice
3. Secord P.F. & Backman, C.W. (1994) - Social Psychology, Mc Graw-Hill.
4. Singh, Arun Kumar- Samaj Manovigyan ki Roop Rekha, Motilal Banarsi Das

The syllabus for B.A., Psychology is hereby approved for the session **2023-24**

Name and Signatures of the Members :

U. Mahabiy
Hon VLS Member
28/2/2023

Shaw

28.02.2023

Ravi

Vandana

Sh

B.A., PSYCHOLOGY- B.A. IV Semester

Session Session 2023-24

PAPER – II

PSYCHOLOGICAL ASSESSMENT

M.M. 75

UNIT-I

Psychological Assessment: Concept, Difference between Physical and Psychological Assessment, Levels of Assessment, Barriers to Psychological Assessment, Uni-dimensional and Multidimensional Assessment.

UNIT-II

Psychological Test: Concept, Characteristics, Types, Standardized and Non -Standardized, Group, Performance and Verbal, Uses of Psychological Tests.

UNIT-III

Test Construction: Steps In Test Construction, Reliability: Test-Retest, Split-Half, Factors Affecting Reliability, Validity: Content and Predictive, Factors Affecting Validity, Norms: Age and Grade.

UNIT-IV

Cognitive and Non-Cognitive Tests: Cognitive-Introduction to Intelligence, Aptitude, Achievement Testing. Non- Cognitive: Introduction to Personality, Interest, Value Testing.

UNIT-V

Psychological Testing in Applied Aspects of Life: Education, Occupation, Social, Health and Organization, Socio-Cultural Factors in Psychological Assessment.

LIST OF REFERENCE BOOKS:

1. Anastasi (1997) Psychological testing, New York: Mac Hill Ciminero, A.R. (1986) Hand book of Behavioural assessment, New York: John Wiley.
2. Gupta. S.P. (2001), Aadhunik Mapan Avam Mulayankan, Sharda Pustak Bhandar , Varanasi .

The syllabus for B.A., Psychology is hereby approved for the session **2023-24**

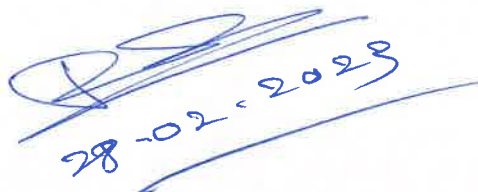
Name and Signatures of the Members :


(Hon'ble nominee)








28-02-2023





Session Session 2023-24
PSYCHOLOGY PRACTICALS

M.M. 25

Course Outcomes:

After completing this course, student will be able to:

Co: 1. Administered Psychological Test.

Co: 2. Understand the Psychological analysis of behavior.

This paper carries 25 Marks. It psychological testing.

Conduction of any 4 test of the following is compulsory:

Tests: (I) Aggression (II) Deprivation (III) Self-Concept (IV) Dependence Proneness Scale (V) Value (VI) Vocational Interest (VII) Attitude Scale (VIII) Creativity

Distribution of Marks:


Note: No candidate will be allowed to appear in the practical examination unless his/her day to day practical work and the report are found satisfactory.

The syllabus for B.A., Psychology is hereby approved for the session **2023-24**

Name and Signatures of the Members :


Hon VLS nominee

U. Mohan by


28.2.2029

Padu
Vandana Sah

Shawo.



DEPARTMENT OF PSYCHOLOGY
GOVT. V.Y.T. PG. AUTONOMOUS COLLEGE, DURG

Approved syllabus of skill enhancement course at UG level by the members of Board of Studies for the Session
2023-24

SEC-PSY 01: EMOTIONAL INTELLIGENCE

Credits-2 (1-T+1P)

Objective: To understand the concept of emotional intelligence and learn ways of developing it.

Course Outcomes: After completing this course, student will be able to:

CO: 1. Define the Emotional Intelligence.

CO: 2. Understand the emotions.

CO: 3. Manage to emotions.

CO: 4. Apply Techniques of Emotional Intelligence Workplace, Relationships, Conflict Management, and Effective Leadership.

Unit 1:

Introduction: Emotional Intelligence, Models of Emotional Intelligence, EQ competencies: self-awareness, self-regulation, motivation, empathy, and interpersonal skills, Importance of Emotional Intelligence.

Unit 2:

Knowing Emotions: Levels of emotional awareness, recognizing emotions in oneself and others.

Unit 3:

Managing Emotions: Techniques to manage emotions.

UNIT 4:

Applications : Workplace, Relationships, Conflict Management, Effective Leadership.

UNIT 5

Emotional Intelligence Test: **Measuring Emotional Intelligence**

Readings:

Bar-On, R., & Parker, J.D.A.(Eds.) (2000). The handbook of emotional intelligence. San Francisco California: Jossey.


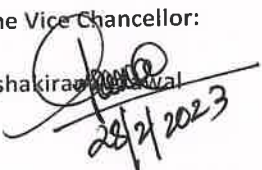




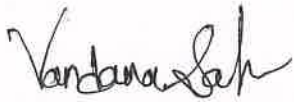
Bros. Goleman, D. (1995). Emotional Intelligence. New York: Bantam Book.

Goleman, D. (1998). Working with Emotional Intelligence. New York: Bantam Books.

Singh, D. (2003). Emotional intelligence at work (2 nd ed.) New Delhi: Response Books.

The syllabus of skill enhancement course, B.A. Semester-2 is hereby approved for the session 2022-23.

Name and Signatures of the Members :

<p>HOD (Chairperson): Dr.Rachita Shrivastava </p> <p>Member, nominated by the Vice Chancellor: Dr. Ushakiraa  28/2/2023</p> <p>Subject Expert : Dr. Basant Soneber </p> <p>Subject Expert: Dr. Usha Mahobey </p>	<p style="text-align: right;"></p> <p>Members of the Department: Dr. Pratibha Sharma</p> <p>Member of the other department :  Dr. Suchitra Sharma</p> <p>Ex Student : </p>
--	--

*Only PG in Psy
can apply*